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A scientific correlation between blood groups and temperaments in Unani medicine

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In Unani Medicine, Mizaj (temperament) is most important though a difficult theory as it indicates the properties of an atom (Unsur), a molecule, a cell, a tissue, an organ and of the organism as a whole. As the Unani therapy is dependent upon equilibrium, so if there is any change in Mizaj the equilibrium is disturbed in any way the life is threatened. Mizaj is derived from an Arabic word Imtizaj, which means meeting or mix with each other. The literal meaning of Mizaj according to Ibne Nafees is intermixture of different components. The word temperament used to describe mizaj is derived from a Latin...
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A scientific correlation between blood groups and temperaments in Unani medicine

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Physiological variation of serum alkaline phosphatase level

*balghami* males in a sample population

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It is well known that the individuals with different *Mizaj* (Temperament) have different mo
different psychological profiles. However, very little is known about the variations in their physio
variations in their normal values of biochemical substances in the body. In this study, level of enz
Relation between Body Humors and Hypercholesterolemia: An Iranian Traditional Medicine Perspective Based on the Teaching of Avicenna

M Emtiazy$^{1,2}$, M Keshavarz$^1$, M Khodadoost$^3$, M Kamalinejad$^4$, SA Gooshahgir$^2$, H Shahrad Bajestani$^5$, F Hashem Dabbaghian$^2$, M Alizad$^1$

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Unani aspect of cardiac arrhythmia- A review

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Arrhythmias have accounted for significant cardiac morbidity and mortalities over the past few decades. Although some arrhythmias may appear benign or potentially dangerous, the major causes of sudden cardiac arrest are direct results of ventricular tachycardia (VT) and/or ventricular fibrillation (VF). In Tibb-e-Unani, there is no concept of cardiac dysrhythmia as such. But many signs and symptoms of cardiac dysrhythmia are described as diseases, e.g. Khaifgan (palpitation), Gashi (syncope), Zaaif-e-qalab (heart weakness) Zigaatuq qalab, and Qazafuuq qalab. The basic concept of
Review

Atheroprotector role of the spleen based on the teaching of Avicenna (Ibn Sina)

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Letter to the Editor

Avicenna (Ibn Sina) aspect of atherosclerosis

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ARTICLE INFO

The body is composed of the four humors (Blood, Phlegm, Yellow bile and Black bile) [15] and the foundation of health is the right ratio
History of epilepsy in Medieval Iranian medicine

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